1983 ~ 2008

Susan B. Anthony Project

Rebuilding lives for 25 years

179 Water St., Torrington, CT 06790
Office: 860-489-3798
www.sbaproject.org

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OCTOBER IS...

Domestic Violence Awareness Month

Candlelight Vigil, October 7, 6:30 p.m., Coe Park, Torrington

recent grants

Susan B. Anthony Project is proud to announce the following grants:

AKC Fund, Inc.
$10,000 for shelter, counseling and advocacy

CHEFA Connecticut Health and Educational Facilities Authority
$60,000 to support increasing staff hours in our shelter

George A. & Grace L. Long Foundation
$2,500 for counseling and advocacy for children

Hedge Funds Care, Inc.
$25,000 for Safe Touch puppet shows in schools

Macy's Foundation
$7,000 for shelter, counseling and advocacy

McCormick Tribune Foundation — Fox 61 Family Fund
$5,000 for shelter, counseling and advocacy

Ronald McDonald House Charities
$11,360 for children's furnishings in shelter and camperships

Salisbury Bank & Trust Company
$1,000 for shelter, counseling and advocacy

Seherr-Thoss Charitable Trust
$20,000 counseling, advocacy and community education for residents of Litchfield

Verizon Wireless HopeLine
$1,000 for domestic violence counseling and advocacy

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A community can make a difference ...YOU did!

During the past 25 years more than 35,000 people have come to SBAP asking for help. We have been there for them because of you.

25 Years of Rebuilding Lives: highlights…

1983 A group of concerned local citizens hold first organizational meetings and identify the need for crisis services for battered women.

Susan B. Anthony Project is incorporated. Agency employs one part-time organizer.

1984 Sexual Assault Crisis Services are added and Susan B. Anthony Project becomes a member of the Connecticut Sexual Assault Crisis Services.

1985 Susan B. Anthony Project opens its shelter.

1987 STRIVE (Seeking to Realize Independent Values and Esteem) program added to provide support services to women in transition.

1989 Susan B. Anthony Project secures State of Connecticut funding to purchase a 4-family house and create Susan B. Anthony Project's Sojourner Truth Transitional Living Program.

1993 Susan B. Anthony Project purchases property at 434 Prospect Street for office and counseling center.

1994 Polly's Dream thrift shop (named for the dream of Polly Doremus) opens.

1999 Susan B. Anthony Project Board completes a 5-year strategic plan which identifies the need for improved facilities and financial independence as top priorities.

2003 Susan B. Anthony Project receives federal funding to support outreach into rural northwestern Connecticut and form the Community Partnership Team and coordinated community response to domestic violence.

Initiation of Rebuilding Lives Capital Campaign. Goal $2,500,000.

2005 Susan B. Anthony Project secures $275,000 Kresge Foundation Challenge Grant.

2006 Susan B. Anthony Project exceeds campaign goal, raising $2,780,000. Moves into new Counseling and Advocacy Center.

2007 Susan B. Anthony Project receives federal grant to expand Transitional Living Program for survivors of domestic violence, dating violence, sexual assault and stalking.

Founder Polly Doremus, 1st executive director Claudette Baril and founder Gillian Hannah.

Thank you to our Founders… dedicated and visionary leaders.

Kevin Brophy
Marianne Christiano
Mary Lou D'Amico
Polly Doremus
Pat Finn
Dr. Laurie Franklin
Gary Grant
Sheri Gorneault
Sister Diane Guerette
Gillian Hanna
Carmella Lattizori
Charlotte Organschi
Paul Pagano
Faye Tway-Grant

MISSION STATEMENT

Susan B. Anthony Project promotes safety, healing and growth for all survivors of domestic and sexual abuse and advocates for the autonomy of women and the end of interpersonal violence.

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Carissa Keepin, *Vice-President*

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Debra Kenneson, *Treasurer*

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A woman who found the strength to reclaim her life thanks Susan B. Anthony Project

As I gratefully look at my life now, compared to what it was a few years ago, I realized that a thank-you to your organization is long overdue. I was in a 20+ year abusive relationship. But because I was not physically harmed, I did not identify it as abuse. My first marriage was full of physical abuse, and because my second husband did not attack me physically, I didn't realize that his actions were also abusive and equally damaging. I just attributed it to a rocky relationship and alternated between wanting to leave and trying to "fix" it.

It wasn't until I took a brochure from a volunteer at the post office in Torrington and read the many forms abuse can take that I finally admitted to myself that my husband was an abuser in every way except physically. Once my eyes were open, and I identified the situation, I knew I had no choice but to leave. During the transition my husband threatened to burn the house down while I slept, and alternated between trying to reconcile and attacking me verbally at every opportunity. I was finally able to convince him to put the house on the market; it sold, and I finally had the funds to leave. Because many of our problems were financial, the thought of getting some money overrode his desire to hang on to our marriage.

"Your brochure helped more than you can ever know, and I hope you continue to distribute it"

I am now living far away from CT and cannot believe the difference in my life. I still don't have the self-esteem to try another relationship, but perhaps in time I will. For now, the peace I have in my life is priceless. Your brochure helped more than you can ever know, and I hope you continue to distribute it. You probably have no idea how many lives you have touched and, like mine, have helped save. And there are so many more who can benefit from what you do. The most important thing, besides giving a woman courage, is that it identifies all kinds of abuse and hopefully will alert women to the signs before they get too involved in a relationship.

Thanks again.

Please invite a SBAP Community Educator to your school, church or civic group to share information about how to identify and end domestic violence. Contact Jessie Wright at 860-489-3798 or jwright@sbaproject.org

Tennis Round Robin and Luncheon June 17th

Tennis players Teresa Hargrave, Liz Funk, Susanna Salk and Jessica Travelstead

Tennis volunteers Patty Cupp, Jessica Wright (SBAP), Carol Walzer, Christine Motasky (SBAP), Lisa Horne and Sara Gault

Hat Contest participants with Laura Linney

Tea for Two Hundred
with Honorary Chair Laura Linney

The 11th annual Tea for Two Hundred was held on Saturday, July 26th. The event was once again hosted by Gael Hammer and Gary Goodwin at their home in Washington, CT. Proceeds from the event help Susan B. Anthony Project and the Northwestern CT AIDS Project.

Event hosts Gael Hammer, Gary Goodwin and Girlie

More photos from the event can be viewed and purchased at www.kodakgallery.com/event_photos/tea

Topher Grace, Nancy Rogers, Laura Linney and Sean Krebs

Susan B. Anthony Project's
White Ribbon Pledge for Men and Boys
Learn more about the campaign and take the pledge!

JOIN the men and boys who have made pledged: "I promise that I will never commit, condone, or remain silent about violence against women." You can pledge on line at www.sbaproject.org.

Jeff Arnett
Bob Berson
Wayne Berthelsen
Anthony Bocci
Michael Cole
Hector Colon
Gene Daponte
Liam Delaney
Jonathan Delay
Michael Delay
Matt DeRienzo
Leonard DiFranza
Bryan Doehr
Brian Donovan
Michael Driscoll
Alan Dziob
Kenneth Edwards, Jr.
Mark Eucalitto
Mark Famiglietti
Robert Farrell
Aaron Forste
Paul Forste
Mike Hall
Chris Harol
Jaime Hodgkin
Thomas Hodgkin
Robert Hunter
Jim Hutchison
Peter Keenan
Jeremy Kincaid
Kevin Knox
Heath Ladona
Walter Lassy
Joe Lynch
Jim Malkowski
David Mandel
John C. Marini
Damian Marone
Matt Maziarz
Patrick McCullough
Michael McGuire
Sean Newby
Rev. Erick Olsen
John Payne, III
Curtis Pillsbury
Kevin Purcell
Robert Rizzo
Anthony Scalzo
Richard Sears
PJ Shelley
PJ Shelley, III
James Shelley
Kevin Shelley
Thomas Shelley
Terry Simpson
Stephen Sireci
Scott Sniffen
Roger Sprong
Tim Wiles
Jim Wright
James Yasko

Marlene & Chris — Connecticut's Outstanding Volunteer Fundraisers

In April 2008, the Association of Fundraising Professionals (AFP) honored Marlene & Chris Smith of Washington, CT as Connecticut's Outstanding Volunteer Fundraisers.

The Smiths were nominated for the award by Barbara Spiegel, Susan B. Anthony Project Executive Director, who said "For ten years, Marlene Smith has worked tirelessly on behalf of Susan B. Anthony Project serving on the Board of Directors. She has been Board President since 2002. Marlene also co-chaired the successful Rebuilding Lives Capital Campaign. Chris Smith was a visionary member of the Rebuilding Lives Leadership Committee and is on the Susan B. Anthony Project Advisory Board."

The Smiths are a fundraising team like no other. They believe in the organization's mission and are absolutely unselfish in giving their time and resources to Susan B. Anthony Project.

Marlene & Chris Smith with Deborah & Jonathan Dawson

Making a

Volunteers do amaz

Ethan Gouey-Guy with donations for SBAP. Ethan asked his friends to bring a donation for SBAP clients to his 4th Birthday Party. Ethan, his brother Max and parents Doug and Natasha delivered boxes of toys, toiletries and gift cards to SBAP.

Winsted American Legion Baseball Team helping set up Tea for Two Hundred

Volunteers checking guests in at Tea for Two Hundred

Difference

ing things for SBAP

Elsa Veisor from Fox 61 Family Fund, McCormick Tribune Foundation presents a $5,000 check to Nancy Rogers Director of Development

Going back to school in style – The Harwinton Women's Club donated backpacks and school supplies for our kids

Westover School students doing community service at SBAP. The Westover Class of 2009 made a donation of $800 from The Dorcas Society Fund.

Interested in Volunteering?

SBAP NEEDS YOUR HELP!

There are many ways to volunteer at Susan B. Anthony Project.

Direct Service Volunteer — a 40 hour training program prepares you to:

~ Answer the Crisis Hotline
~ Co-Facilitate a Support Group
~ Help with school presentations

Special Event, Programs & Fundraising

~ Sell Holiday Wreaths
~ Help with wreath pick-ups
~ Help with mailings
~ Join a Community Partnership Team "Think Tank"

General Volunteer

~ Childcare for evening Support Groups
~ Bilingual Volunteer
~ Receptionist

For more information, go to www.sbaproject.org and click on volunteer opportunity link or call volunteer coordinator at (860) 489-3798.

Chelsea Williams and her family with donations for SBAP at their "Christmas in July" party.

Wish List

If you have any questions about an item listed, please call 860-489-3798 and ask for Denise.

OUR CLIENTS MOST PRESSING NEEDS
Gas gift cards
Grocery Store gift cards
Clothing Store gift cards

CASH DONATIONS
For client assistance

DIAPERS
Sizes 3 & 4
Pull-ups
Diaper Wipes
Diaper Cream

BEDDING
Pillows
Twin Blankets
Washable pillow covers
Kitchen Towels

PERSONAL HYGIENE
Shampoo
Conditioner
Tylenol/Advil
Children's Tylenol
Deodorant
Body Lotion
Thermometers

SHELTER SUPPLIES
Laundry detergent
Laundry baskets
Dishwasher liquid
All purpose cleaners
Ziploc storage bags
Food storage containers
Dryer sheets
Hampers
Sponges

MISCELLANEOUS
DVDs
Wii games
Backpacks
Food storage containers
Ziploc storage bags

PHONE CARDS

24-HOUR CRISIS LINE: 860-482-7133

STATEWIDE TOLL FREE HOTLINES:

Domestic Violence: 1-888-774-2900
Sexual Assault: 1-888-999-5545
En Espanol: 1-888-568-8332

SUPPORT GROUPS AND WORKSHOPS

HEART Group: (Help End Abusive Relationship Tendencies)

An on-going, peer support group for women who have experienced any form of family violence, meets Tuesday and Wednesday evenings 6:30-8:00p.m. Childcare is available. Please call to speak with a facilitator prior to attending your first group.

Women's Trauma Survivors' Group

An on-going group for survivors of trauma. Focuses on coping skills for dealing with past trauma. Thursday evenings 6:00-7:30 p.m. Interested individuals must call to speak to a facilitator prior to attending.

Men's Trauma Survivors' Group

An on-going group for male survivors of trauma. Thursday evenings 6:30-8:00p.m. Interested individuals must call to speak to a facilitator prior to attending.

The following workshops will be forming soon. Call Lois at 489-3798 for more information.

- **Self-Esteem Support Group**
- **Latina Self Esteem Group – "La Autoestima de la Mujer"**

For more information about exact dates, times and to pre-register, call 489-3798 and reference the title of interest.

Love, Loss, Life, Letters

Award-winning Authors Speak at Luncheon
Saturday, November 8, 2008 at Noon

Katrina Kittle is the author of *Traveling Light, Two Truths and a Lie* and most recently, *The Kindness of Strangers,* which won the Great Lakes Book Award for Fiction. After six years as an English and theater teacher at the Miami Valley School, Katrina has embarked on what she is calling her "year as a gypsy".

Anne Roiphe, noted feminist author and commentator, is the author of fifteen books, including *EPILOGUE A Memoir,* which is her most recent, *Up the Sandbox, Fruitful,* and *1185 Park Avenue,* which chronicles her New York City upbringing in an affluent Jewish household, where Roiphe reveals the pain of living with an alcoholic father and an abused mother.

Brenda Wineapple, the award-winning author of biographies of Janet Flanner, Gertrude and Leo Stein, and Nathaniel Hawthorne will discuss her latest work, *White Heat: The Friendship of Emily Dickinson and Thomas Wentworth Higginson.* She has received fellowships from the John Simon Guggenheim Memorial Foundation and the National Endowment for the Humanities.

Moderator — Regina Barreca, deemed a "feminist humor maven" by *Ms. Magazine*, is the author of *They Used to Call Me Snow White, But I Drifted, Perfect Husbands and Other Fairy Tales,* and *Babes in Boyland.* Barreca is Professor of English Literature and Feminist Theory at the University of Connecticut and on the Susan B. Anthony Project Advisory Board.

Location: Torrington Country Club
Tickets: $50 ($30 is a donation to SBAP)
Limited seating. For reservations, call Christine at 860-489-3798 or www.sbaproject.org
Sponsored by Hickory Stick Bookshop, Washington, CT

October is Domestic Violence Awareness Month

- October 7th Candlelight Vigil @ Coe Park in Torrington, 6:30
- Clothesline Project will be displayed at SBAP and available for viewing online at www.sbaproject.org
- Local libraries will receive packets of information to be displayed.
- Domestic Violence Information tables will be set up at local schools and businesses.
- New outreach to local girl scouts will start in October, call Jessie Wright for more information 860-489-3798

Susan B. Anthony Project is a United Way Agency

Ways to Give...IT ALL BEGINS WITH YOU

Susan B. Anthony Project receives over 40% of its budget from people like you.

- **Outright Gift:** The simplest method of giving by check or credit card. Please use the enclosed envelope or make a secure online gift at www.sbaproject.org
- **Appreciated Securities:** A gift of appreciated securities can provide considerable tax benefits
- **Gifts to Susan B. Anthony Project Endowment Fund:** Income from this fund provides program support
- **Wills and Bequests:** Your gift passes to the Susan B. Anthony Project after your death
- **Other Planned Gift Opportunities:** Gift Annuity, Charitable Remainder Trust, Life Insurance or Retirement Plan Bequest

To make a gift or to learn about these and other charitable giving programs, contact Nancy Rogers, Director of Development, at 860-489-3798 or nrogers@sbaproject.org. *Susan B. Anthony Project is a 501(c)(3) nonprofit organization.*

Coming to your town soon...

Susan B. Anthony Project's Community Partnership Team is creating two new videos:

- **Healthy Families: Breaking the Cycle of Domestic Violence**
- **Teen Dating Violence**

Both videos will have English and Spanish tracks. They will be a part of the Domestic Violence Multi-Media Toolkit. Call 489-3798 to learn more.

HANDMADE IN MAINE

20" @ $15
28" @ $30
38" @ $50

WREATHS ARE AVAILABLE FOR PICK UP THE WEEK OF DECEMBER 8TH.

BECOME A VOLUNTEER SELLER, CONTACT CHRISTINE AT 489-3798 OR cmotasky@sbaproject.org

Holiday Wreath Sale

NAME OF ORGANIZATION: _____

_____

CONTACT PERSON/TITLE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE # _____ FAX # _____

Wreath Order:	Qty	Total
20" $15		
28" $30		
38" $50		
TOTAL		

860-489-3798 **phone orders**
860-482-6268 **fax orders**
www.sbaproject.org **order on-line**

Order by mail:
Susan B. Anthony Project
179 Water St., Torrington, CT 06790