



SPRING 2007

News from the

Susan B. Anthony Project

SAFETY • HEALING • GROWTH

MESSAGE FROM THE PRESIDENT



Dear Friends:

I have so much good news to share with you about what's going on at Susan B. Anthony Project. On March 31, 2007, we will celebrate our one year anniversary in our new Counseling and Advocacy Center. It's a comfortable, safe space to do the important work we do with women, men and children in crisis. Since moving here, we have accomplished what we set out to do — expand and enhance our programs and services.

I'm proud to announce two developments in our programs. The Community Partnership Team (also known to some as the Rural Grant), was re-funded for an additional two years. We received this good news in the fall and are pleased that this program will continue for at least another two years. This funding comes to us from the Office of Violence Against Women, a division of the U.S. Department of Justice. SBAP staff coordinates this victim-focused collaboration created to develop a community response to domestic violence in northwestern Connecticut.

Other good news came in the fall when we were awarded funding from the State of Connecticut, Department of Children and Families to establish SBAP staff to serve as expert-consultants who work with DCF caseworkers in the DCF offices. We are very proud to be involved in this important new initiative.

At the Board level, we also have new developments. The Board welcomed new Director Nanette Falkenberg, a Health Policy Consultant from Roxbury. We are also pleased to welcome new Advisory Board members: Allan Borghesi, Chairman of Borghesi Building & Engineering Co. and co-chair of the Rebuilding Lives Building Committee from Torrington; Elisabeth Childs Gill, Arts Administrator and member of the Rebuilding Lives Campaign Committee from Norfolk; Catherine Oneglia, lawyer, community volunteer and member of the Rebuilding Lives Campaign Committee from Litchfield; Barbara Putnam, architectural designer and co-chair of the Rebuilding Lives Building Committee from Litchfield; and Chris Smith, owner of Shred-it Connecticut and member of the Rebuilding Lives Campaign Committee from Washington.

In fall 2006, the Board of Directors made the very difficult decision to close Polly's Dream Thrift Shop. This decision came after careful consideration by the Polly's Dream Committee, the Facilities Committee, the Finance Committee, and the full Board of Directors. After thoughtful analysis of the operating loss trends and recognizing the need for costly building repairs, the Board, in keeping with its fiduciary responsibility to maintain the financial health and primary mission of the Susan B. Anthony Project, voted to close Polly's Dream. We could not responsibly allow financial resources that should support client services be used to cover the operating losses of Polly's Dream. This was a difficult and sad decision for everyone involved.

On behalf of the Board of Directors, I extend a heartfelt thank-you to our store manager of twelve years, Jan Thayer, for her many years of dedicated service. I also want to thank the dedicated staff and volunteers who worked tirelessly for many years and were there right up to closing, graciously assisting each customer. And, thank you to so many of you who donated and shopped at Polly's Dream.

Wishing you all a peaceful spring.

Sincerely yours,

Marlene Smith

"Since moving...we have accomplished what we set out to do — expand and enhance our programs and services."

April is Sexual Assault Awareness Month

Sexual Assault Awareness Month activities:

Statewide Art Exhibit — March 16-March 30
Artspace Gallery, 555 Asylum Avenue, Hartford,
11:00 a.m. – 1:00 p.m. daily.

Artwell Gallery – Survivor Art Exhibit,
Torrington, CT. Clothesline Project display and
Poetry Reading; date to be announced

Virtual Clothesline Project display; visit
www.sbaproject.org

High School Lunch Tables, throughout the month
of April at a school near you. Call to arrange for
an informational lunch table at your school

Poetry Workshop, Thursdays in April at SBAP.
Call for more information and registration
489-3798

Local restaurants sponsoring sexual assault awareness utilizing cocktail napkins in their bar
areas with information about sexual assault and
how to receive support (restaurants to be
announced)

A Community Solution Toward Ending Sexual Violence: Utilizing a Primary Prevention Model for Community Education and Outreach

Sexual Violence continues to be a major cause of injury and trauma in this country. While there is no single cause for this violence, when it occurs, the general public questions what the victim could have done differently or what is wrong with the perpetrator. The focus of these questions is at the individual level. The question should be how we, as a community, can prevent sexual violence.

More than 30 years ago, women began the movement to end sexual violence. Over time, advocates have developed knowledge and skills for intervening after sexual violence has occurred. In addition, primary prevention educational programs have been created to assist the community toward ending sexual violence. The goal of primary prevention programming is to create an environment where people can be safe everywhere — in relationships, at school, at home, in the workplace, and in neighborhoods.

A single individual or small segment of the community cannot address sexual violence alone. By exploring the conditions that create environments in which sexual violence occurs and utilizing a tool, *The Spectrum of Prevention* (Cohen, L, Swift S., 1999), advocates, practitioners, and educators are attempting to provide a community solution to prevent sexual violence. In its current work, Susan B. Anthony Project utilizes a primary prevention approach in community education and outreach.

The *Spectrum of Prevention* utilizes six levels of action in an attempt to change norms, not only of individuals, but of the community. Norms are adopted standards that influence attitudes and beliefs and therefore shape behavior. As we address the societal problem of sexual violence, norms related to femininity, masculinity, power, violence, and privacy are identified. Primary prevention programming is an attempt to recognize and stop sexual violence before it begins. In addition, shifting the focus of current norms suggests a shift from inaction to action by bystanders and observers of sexual violence.

Currently, Susan B. Anthony Project, through its community education and outreach activities, is providing comprehensive primary prevention programming in schools, camps, sports teams, with teachers, parents, law enforcement professionals, the media, and other community groups. As we are guided by the research of the National Sexual Violence Resource Center and the Prevention Institute, a national center dedicated to improving community health and well-being utilizing primary prevention as a model, SBAP seeks to build collaborations with members of the community throughout our twenty - town service area. To learn more about how your organization can participate in preventing sexual violence, call our community educators at 489-3798 x 307.

24-HOUR CRISIS LINE: 860-482-7133

STATEWIDE TOLL FREE HOTLINES:

Domestic Violence: 1-888-774-2900

 **Sexual Assault:** 1-888-999-5545 

En Espanol: 1-888-568-8332

A Gift for Mother's Day

Celebrate your mom this Mother's Day by making a donation in her honor that will help make this a special Mother's Day for our clients.

To make a gift, please use the enclosed envelope, visit our webpage www.sbaproject.org, or call Christine 860.489.3798.

Are you over 70-1/2 years of age?

The 2006 Pension Protection Act allows individuals age 70-1/2 and older to transfer up to \$100,000 from an individual retirement account (IRA) directly to a qualifying charity without paying income tax. **This act is only good through 2007.** Previously, if taxpayers wished to donate a portion of their IRA savings to charity, they would have had to withdraw the money first, and the withdrawal would have counted as taxable income.

If you would like more information on this opportunity please contact Nancy Rogers, 489.3798, nrogers@sbaproject.org. or contact your financial advisor.

Recent Grants

Susan B. Anthony Project is proud to announce the following grants:

- **American Savings Foundation** \$25,000 for client services
- **AT&T Foundation** \$5,000 for technology enhancement
- **Alcoa Foundation** through Howmet Winsted location \$3,000 for program support
- **Bank of America Foundation** \$7,500 for client services
- **Benas Memorial Fund** \$15,000 for services to Litchfield residents
- **Berkshire Taconic Community Foundation** \$5,000 for services and education in northwestern Connecticut
- **BLN** (Burns Brooks & McNeil, Litchfield Bancorp & Northwest Community Bank annual golf fundraiser) \$8,000 for program support
- **Connecticut Community Foundation** \$816 for emergency services
- **Crosswicks Foundation** \$10,000 for children's services
- **Federated Department Stores** \$10,000 for program support
- **Hartley Corporation** \$1,000 for program support
- **Lilac Foundation** \$10,000 for client emergency services
- **Marion Isabell Coe Fund** \$8,500 for client services
- **Michael Bolton Charities** \$10,000 for client legal and emergency services
- **Olga Sipolin Children's Fund** \$2,500 for children's services
- **Surdna Foundation, Inc.** \$500 for program support
- **The Community Foundation of Northwest Connecticut** \$500 for assisting clients during the holidays
- **The Shana Alexander Charitable Foundation** \$5,000 for program support
- **Thomaston Savings Bank Foundation** \$2,000 for community education
- **TJX Foundation** \$5,000 for emergency shelter and crisis services
- **Torrington Savings Bank** \$1,000 for program support
- **Verizon Foundation** \$5,000 for empowering women program
- **Webster Bank** \$2,500 for program support



SBAP Founder Gillian Hanna visiting the new Counseling & Advocacy Center for the first time.

Authors' Luncheon 2006



Authors, Carolyne Roehm, Roxana Robinson & Suzy Kline.

Jane McMahon & SBAP Exec. Director Barbara Spiegel



Moderator Janet Peckinpaugh & author Carolyne Roehm.

SAVE THE DATES

June 12, 2007

Susan B. Anthony Project 4th Annual Litchfield County Women's Doubles Benefit Round Robin & Luncheon

9:30 a.m. – 2:00 p.m.
Kent School – Kent, CT



Tickets/\$75 per person
Patron Ticket/\$250 per team
Limited to 34 Teams: First Come, First Serve

Contact Christine at SBAP (860) 489-3798, X301
or cmotasky@sbaproject.org with any questions

**100% of your ticket is a donation to
Susan B. Anthony project*



Saturday, November 10, 2007

Susan B. Anthony Project Authors' Luncheon

Bistro East at the Litchfield Inn
Route 202, Litchfield, CT



*Sponsored by the Hickory Stick Bookshop,
Washington, CT*

SINCE 1983
Susan B. Anthony Project

SAFETY • HEALING • GROWTH

works to promote the autonomy of women and the safety of all victims of domestic abuse/sexual assault in northwest Connecticut, as well as to promote community action toward ending domestic violence and sexual abuse.

W I S H L I S T

If you have any questions about an item listed, please call 860-489-3798 and ask for Jeanne, Michelle or Danielle.

CASH DONATIONS For client assistance	BEDDING Pillows Washable pillow covers Twin sheets Pillow cases Towels and face cloths	CLEANING SUPPLIES Laundry All purpose
GIFT CERTIFICATES Grocery stores Pharmacies Gas stations Department stores Haircuts	DIAPERS Older babies Toddlers	CHILD COUNSELING Arts & craft supplies
		PHONE CARDS

Executive Director

Barbara Spiegel

Associate Director

Jeanne Fusco

Director of Development

Nancy Rogers

Board of Directors

Marlene Smith, *President*

Carissa Keepin, *Vice-President*

Bob Berson, *Secretary*
Debra Kenneson,
Treasurer

Members

Gregory Bachmann

Ann Bott

Gayle Carr

Eugene Daponte

Barbara Douglass

Nanette Falkenberg

Lisa Horne

Vickie Patrick

Susan Payne

Turi Rostad

Mary Schinke

Advisory Board

Claudette Baril

Regina Barreca

Allan Borghesi

Louis Donne, Jr.

Elizabeth Keilty Donovan

John Donovan

Polly Doremus

Hon. Anne C. Dranginis

Saun Ellis

Jeanne FitzGerald

Jessica Fowler

Elisabeth Childs Gill

Jake Horne

Susan Jordan

Beth McCabe

Catherine Oneglia

Barbara Putnam

Cynthia Quinn

Diana Savory

Chris Smith

Rev. Ellen Tillotson

Susan B. Anthony Project

179 Water Street

Torrington, CT 06790

24-hour Crisis Line: 860-482-7133

Office: 860-489-3798

www.sbaproject.org

Non-profit
Org.
U.S. Postage
PAID
Permit No. 64
Torrington, CT

SUSAN B. ANTHONY PROJECT SUPPORT GROUPS AND WORKSHOPS

HEART Group: (Help End Abusive Relationship Tendencies) An on-going, peer support group for women who have experienced any form of family violence meets Tuesday and Wednesday evenings, 6:30–8:00 p.m. Please call to speak to a facilitator prior to attending your first group.



Trauma Survivors' Group: An on-going group for women survivors of trauma focuses on coping skills for those dealing with past trauma meets Thursday evenings 6:30 – 8:00 p.m. Interested participants must call to speak to a facilitator prior to attendance.

Self-Esteem Support Group: This group will be forming in the near future. Call Lois for more information or to add your name to the wait list.

Volunteer Training: A 40-hour, domestic violence/sexual assault certification training for new volunteers will be forming in the near future. Call Lois for more information.

Workshops:

Successful Job Hunting

- resume writing
- dressing for success
- moving through the interview

Building Your Financial Future

- setting and attaining financial goals
- know what you have
- keeping financial records
- creating a spending plan

For more information about exact dates, times and to pre-register, call 489-3798 and reference the title of interest.

Tenth Anniversary TEA for TWO HUNDRED A COTTAGE GARDEN TEA

to benefit
Northwestern Connecticut AIDS Project
and
Susan B. Anthony Project



Saturday, July 28, 2007
4 to 7 PM
63 River Rd., Washington, CT
White attire requested • RSVP by July 20

Hat Contest ~ Silent Auction

Interested in Volunteering?

There are many ways to volunteer at Susan B. Anthony Project.

Direct Service Volunteer — go through a 40 hour training program that prepares you to:

- ~ Answer the Crisis Hotline
- ~ Co-Facilitate a Support Group
- ~ Help with Community Education

Special Event/Fundraising Volunteer

- ~ Work on Tea for Two Hundred
- ~Tennis Round Robin
- ~ Help with mailings

General Volunteer

- ~ Childcare for evening Support Groups
- ~ Bilingual Volunteer
- ~ Receptionist

For more information, go to www.sbaproject.org and click on volunteer opportunity link or call volunteer coordinator at (860) 489-3798.



Volunteer Ann Gorham with Annie the puppet in a "Safe Touch" puppet show as part of the SBAP Community Education program. Thank you to Ann who recently had the puppet stage renovated.



Susan B. Anthony Project
is a United Way Agency

Holiday 2006 at Susan B. Anthony Project

Thanks to our many generous friends, Susan B. Anthony Project provided holiday gifts and food to over 40 families in our community. We had a virtual "Toy Land" of gifts for children and moms.

Bakerville School	Lewis Mills School
Barkhamsted Women's Club	Litchfield Mutual Insurance Group
Bath & Body Works, Avon	Litchfield Women's Club
Wendy Berg	Marie & Pat Malloy
Beth El Synagogue	Nora Marchand
Big Y Supermarket	Holly Martin
Barbara Borque	Mr. & Mrs. James Mazzarelli
Jane Buttimer & Pat Eri	Ed McLaughlin
Center Congregational Church	Marcie Miller
Colebrook Consolidated School	NCCC Medical Assistant Students
Barbara Cowans	Rebecca Perreault
Janice Crovo	Janine Pettinichi
DucDuc	Mary Ann Rhodes
Pat Farrell	Gloria Riberdy
Fuel Cell Energy	St. Francis of Assisi
Four Square Church	St. Thomas Church
Jaci Carroll Staffing	Timken Corporation, Watertown
Julie Harwood	Thomaston Christmas Committee
Paul Hume	Verizon Wireless
Immaculate Heart of Mary Church	Victoria's Secret
Pamela Kennedy	Bonnie Wirtes
Molly Lally	
Jennifer Lavigne	

Donation to Susan B. Anthony Project from the "Knitty Bitties"

The Susan B. Anthony Project received a generous donation of over 60 handmade items for our clients from the "Knitty Bitties." The knitted items include blankets, hats, mittens, sweaters, shawls, beautifully crocheted afghans, and fleece blankets for children. They were all lovingly crafted by women from Thomaston, Plymouth, Harwinton, and Terryville who meet every other Wednesday at St. Thomas Church in Thomaston for social knitting and crocheting.



The items were donated to the Susan B. Anthony Project at a celebratory meeting on Wednesday March 7, 2007, at the Thomaston Town Hall. The presentation was hosted by Officer Sue Sullivan and Police Chief Gene Torrence of the Thomaston Police Department. This is just one of the ways in which the "Knitty Bitties" bring awareness to the issue of domestic violence in the community and endeavor to help prevent abuse by deepening community liaisons.

Holiday Wreath Sales

Thanks to our Wreath Friends we were able to net \$16,540 from wreath sales.

Althea Abbott	Ann Bott	Sara & Jerry Gault	Eileen Litwin	Turi Rostad
Lisa & Greg Bachmann	Dale Cagenello	Heather Gauthier	Beth McCabe	Marilyn Roze
Claudette Baril	Susan Carroll	Nini Gridley	Barbara Miller	Diana Savory
Marge Beary	Marcia Cianciolo	Robin Hawley	Maureen Murphy	Mary Schinke
Bob Beck	Janice Crovo	Janet Hooper	Jessica Nardine	Marlene & Chris Smith
Susan Belding	Mike Delay	Lisa & Jake Horne	Cathy Oneglia	Cheryl Tedesco
Debbie Benoit	Gene Daponte	Susan Jordan	Mary Ann Poinelli	Elena Twombly
Bob Berson	Helen Donaher	Carissa & David Keepin	Karen Pollock	Molly Wright
Scott Blackmon	Saun Ellis	Debra Sue Klingerman	Barbara Protzman	



St. Anthony of Padua Youth Group and SBAP Wreath Friends unloading 1,500 wreaths.

Thank you to all of you who purchased a holiday wreath in 2006.