In our 2018 Summer newsletter, we introduced the issue of human trafficking — what it is, where it is, and what we are doing to stop it. Since then, our staff has been actively engaged in educating and training the community on how to identify, report, and end human trafficking.

Trafficking is a form of modern day slavery, and it can come in the forms of labor trafficking and sex trafficking. It happens in all regions and all communities; it crosses all identities and borders. It is an issue that impacts everyone, even if not directly. The Trafficking Victims Protection Act of 2000 (TVPA) defines “severe forms of trafficking in persons” as follows:

- **Labor Trafficking:** the recruitment, harboring, transportation, provision, or obtaining of a person for labor or services, through the use of force, fraud, or coercion for the purpose of subjecting to involuntary servitude, peonage, debt bondage, or slavery.
- **Sex Trafficking:** the recruitment, harboring, transportation, provision, or obtaining of a person for the purpose of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion. or in which the person induced to perform such act has not attained 18 years of age; and
- **Child trafficking** is something that is happening all over the world but the number one destination for Americans seeking sex with minors, is right here at home, in the United States. **Domestic Minor Sex Trafficking (DMST)** is the exchange of any sex act with a child under the age of 18, who is a U.S. citizen or permanent resident, for anything of value.

In the 2019/2020 school year, SBAP staff members have facilitated nine “Introduction to Child Trafficking in Connecticut” trainings that covered all public schools in the Region One area, community professionals throughout the Litchfield County region, and some parents and foster parents in Litchfield County. In total we trained approximately 340 adults in our service area. Some of the comments from the surveys that were provided at the end of each training included comments like, “Very powerful!”, “Incredibly educational about a very difficult topic”.

Please join us at our 3rd annual Walk a Mile in Her Shoes®
Sun., May 17, 2020 • 9:00-11:30 a.m.

Walk a Mile in Her Shoes® is an international men’s march where men and boys lead the way on the road to end sexual and domestic violence. Created by men, the Walk gives participants the opportunity to get their communities talking about a difficult subject while increasing awareness of the problem, offering opportunities for healing, and demonstrating men’s willingness to walk with women and children as allies, advocates, and survivors.

**EVENT INFORMATION**
- Registration online & event day
- Individual or team participation
- Prizes awarded
- Post-walk foot massages
- Live music
- All ages welcome

**REGISTRATIONS**
- Men’s Individual & Team (shoes & t-shirt included): $35
- Women/Student Individual & Team (t-shirt included): $15
- Youth Individual & Team (t-shirt included): FREE
- Virtual Walker: FREE

**GET INVOLVED**
There are several ways to get involved in SBAP’s Walk a Mile in Her Shoes®.
- **Participate** as a walker — men, women & children welcome!
- **Become an individual or corporate sponsor**
- **Pledge** registered walkers
- **Cheer** on walkers
- **Place an ad** in the event program
- **Purchase Walk a Mile in Her Shoes® merchandise**
- **Spread the word!**

Visit www.sbaproject.org/walkamile or contact Gina Devaux at gdevaux@sbaproject.org or 860-489-3798.

(continued on page 3)
Meet Our Board

KATE LITWIN

My interest in working with Susan B. Anthony Project was inspired by my mother, Eileen. She was an active member of the Torrington chapter of the National Organization for Women (NOW) during the 1980s and worked in coalition with SBAP members during the organization’s fledgling years. NOW events were a regular part of my childhood.

So perhaps it is no surprise that after graduating with a degree in Women’s Studies from Syracuse University, I moved to New Hampshire and devoted time to becoming a hotline volunteer for WISE, an organization similar to SBAP. My year providing direct service to women in the Upper Valley was eye-opening and powerful. It fueled my desire to do good in the world and, a year later, my decision to enter medical school.

For the past decade, I’ve worked as a pediatrician in private practice in Rocky Hill, Connecticut. I feel blessed for my training at WISE: it has informed my approach to mothers seeking safety during the confidence of office visits and to teens who share that they have been sexually assaulted.

As one of the newest members of the SBAP Board, it is a privilege to get to know the dedicated staff, volunteers and other board members. Their work, like that of my mom, is truly inspirational!

SARAH WORDEN

After moving full-time to Litchfield, I paid close attention to what local groups I might want to get involved with when my children were old enough to enter school. I was continually impressed with the people I met involved with SBAP, and with the comprehensive services they were providing directly affecting victims of sexual assault and domestic violence, as well as a commitment to education and prevention in our area. Around the time I started thinking about becoming more involved, I read Jon Krakauer’s impactful book, Missoula, about a series of campus sexual assaults in the small town of Missoula, Montana. The book helped me understand the complexities involved in reporting and prosecuting such crimes, and how the experience can affect the culture in an entire community. Being involved in a hands-on way in my local community is a way to give back, but also a way to lift up the experience of living here for everyone, including those who do not have the ability to volunteer.

After receiving a BA in English from Colorado College and working in television production in NY and Boston for ten years, my husband and I decided to embark on new careers in Litchfield County. I started Sarah Worden Natural Design in 2009, providing floral design and wedding consulting services throughout Connecticut. In 2015, I launched the events business at South Farms in Morris, where we host farm weddings and other special events throughout the year. As a big admirer of SBAP’s work, I was thrilled to be invited to join the board in 2018.
Stop Human Trafficking (continued from page 1)

“Well trained and well versed in the topic with respectful terminology”, “I never realized how much something like this could happen right in my own community”, and “I had no idea this was happening in our state”. Attendees also asked for an opportunity to continue conversations about this topic in order to have a better understanding of how to prevent this from happening, as well as how to empower young people in our community.

As a result of the adult trainings, parents and other community members have become more interested in providing our youth with information that would help to keep them safe. This has opened the door for our staff to begin to provide the Youth Trafficking Curriculum beginning with students in the high school in Region One. Our staff has also facilitated seven youth trafficking curriculum trainings in January at Housatonic Valley Regional High school as part of Human Trafficking Awareness Month which included a total 106 high school aged youth who attended. These trainings are designed to help youth understand what trafficking is, how traffickers might find someone, how they can keep themselves and their friends safe, and the resources that are available for them.

If you are interested in having our educators facilitate trainings at your organization, please contact our community educators at 860-489-3798!

Resource: https://www.acf.hhs.gov/otip/resource/fshumantrafficking

Honoring Community Supporters

October was Domestic Violence Awareness Month. Each year, SBAP celebrates survivors of domestic violence and honors community members who collaborate and support our work at our annual candlelight vigil.

2019 Honorees

Denise Fay, Personal Trainer — works with survivors to help strengthen the connection between exercise and overall wellbeing.

Patrice Hamilton, CT Legal Services Attorney — provides legal services to clients in need at no cost.

Renata Majka, Domestic Violence Consultant — acts as a liaison between DCF and SBAP for families engaged in services.

Karin Reetz, Alternative Therapist — offers Reiki and other meditative services to survivors.

The Rhino Club — donates funds and large amounts of food each year to our shelter.

Sara Taft — creates beautiful paper flower arrangements for the annual Authors Luncheon.

Shown left to right: Jay Youngling, Lou Donne, Cliff Cooper, Michael Kovalchik, Paul Sweeney & Peter Litwin, members of The Rhino Club. Not pictured: Todd Anderson

Thank you to the Torrington High School basketball teams, cheerleaders, fans, and athletic director Mike McKenna for hosting our first Orange Basketball Game in honor of Teen Dating Violence Awareness Month. Spectators filled the gym on 2/11 and 2/13 to cheer players on and to support SBAP with a 50/50 raffle to benefit victims of domestic & sexual violence.

A quilt decorating art therapy session in recognition of Domestic Violence Awareness Month was held last October and was well received by our clients. Shannon Marone, a registered art therapist, from Brownbear & Owl Holistic Counseling facilitated this activity at our main office, free of charge. Our clients were very grateful for the opportunity to express themselves through their artwork. Thank you, Shannon!

The Silly Sprout, a children’s shop in Litchfield, donated a percentage of their proceeds made through the holiday season to us. We loved partnering with you and look forward to next year!
Adopt-a-Family for the Holidays

Thank you for helping to make this holiday season a bright one for our clients. Our generous donors helped provide gifts for 32 women, 3 men, and 167 children.

OUR GENEROUS DONORS:

Jennifer Abbott-Tillou
Altek Electronics Employees
Anonymous (4)
Amy & Maddie Ballerini
Dorothy Bazzano & Elizabeth Peterson
Linda Bell
Nancy & Pat Boland
Maria Borghesi
Bramasole Yoga & Fitness Center
Breezy Pines Farm
Joyce Briggs
Brooks, Todd & McNeil
Busy Bunnies & Friends 4H
Charym Yoga Studio
Vanessa Chase & John Lilly
Anne Childs
Hope S. Childs
Church of Christ Congregational, Goshen
Mary Clancey
CME Associates, Inc.
Collins Aerospace
The Deacon Family
Irene & Roger Dietlin
Anne & Ed Dodge
The Dudak Family
Eagle’s Club FOE 974, Torrington
Eckert/Nelson Family
EdAdvance BASES
Victoria Elliot & Marvin McMillen
Mary English
Nancy & Mark Famiglietti
Rosemary Farnsworth
Larita & Lawrence Freedman
Friends of Norfolk
Fuel Cell Energy Employees
Linda Garrettson
Barbara & John Greaney
Susan & Murray Haber
Laurie & Jay Hubelbank
The Jagger Family
Philip Kamens
Doreen & Michael Kelly
Katherine Kinane
Laticrete Intl. Research & Development
Jeanine & Robert Lovendale
Marie & R. West Lowe
Caitlin Macy & Jeremy Barnum
The Manna Family
The Marchand Family
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Momentum Equestrian Center, Ltd.
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Cindy Olbrys & Cheryl Gibran
Catherine Oneglia
Mary & Martin Peabody
Nancy Ratner
RBC Bearings
Kathy Robb
Turi Rostad & Ashley Rowe
Round Table Ladies
Dr. William P. Ryan
The Salisbury School
Philip Samponaro
Jillian & Jayleigh Samuda
Sanctuary Power Yoga
Mary & Rosemary Sarsfield
Shirley & Ralph Scarpino
The Schmitz Extended Family
Cynthia & Adam Seifert
Lois Shafir
Shurtape Specialty Coating, LLC
Susan & Gordon Smith
Tami Soja
The Spiegel Family
Carolyn Spotts & Timothy Suydam
St. John Paul the Great Parish
St. Paul’s Episcopal Church, Bantam
Carol Symonds
Eileen Tedesco
Joann & Jonathan Thiede
Twenty2 Wallpaper

Welcome and thank you to our new Adopt-a-Family donor, RBC Bearings!
Wreath Fundraiser

Very special thanks to all who volunteered this past year. We raised over $13,500 to support our client services!

A Healing Trail — Franci Knight
Bob Berson & Barbara Putnam
Nancy Boland
Nazy Borden
Elizabeth Bourne
Charlotte Hungerford Hospital
— Suzanne Fox
Church of Christ, Goshen
— Janet Hooper
Patience Deacon
Helen Donaher
Deborah Donne
Dymax Corporation — Laurie Ludgewait
Saun Ellis
First Congregational Church, Canton Center — Casey Levine
First Congregational Church, Washington — Richard Connor
Mark Famiglietti
Fuel Cell Energy — Mary Stempien
Charlene Graskoski
Doreen Hampton
Harwinton Women’s Club
— Tina Hasapis
Josephine Jones
Litchfield High School
— Dean Birdsall & Tammy Knox
Jeanine Lovendale
Beth McCabe
Jacqueline Miller
Nancy Ratner
Lynn & Bill Richmond
Turi Rostad
Diane Ryan
Diana Savory
Lois Shafir
Marlene & Chris Smith
Terina Smith
St. Bridget Church, Sharon
— Joan Davis, Marjorie Morris & Louise Riley
St. Louis de Monfort Parish, Litchfield
— Carol & Pat Iannuzzi
St. Paul’s Parish, Bantam — Jean Grela
Thomaston High School
— Janice Ellis
Torrington High School Air Force Cadets
Trinity Episcopal Church, Torrington
— Faye Tway & Gary Grant
Winchester Center Congregational Church — Holly Martin
Sarah Worden
Jessica Wright-McGurk
Nancy Young
Congregational Church — Holly Martin
Sarah, Nat, Gus, Sam & Birdie Worden
Jessica Wright

Kelly’s Crystals Boutique organized a collection of health products for us in recognition of Domestic Violence Awareness month. SBAP Director of Development, Gina Devaux, accepted the donation from Rachel Kelly of Kelly’s Crystals Boutique. Thank you!

Girl Scout Troop #66107 led by Margaret Lloyd held a drive for SBAP at Lewis Mills High School. We are so thankful to all who contributed!

Carolyn Mosher (left), shown with Ashley Cerruto, SBAP Business Development Associate, delivered a donation of towels, toiletries, and cleaning supplies collected by members of Altrusa International, and a selection of children and adult books given by the Licia & Mason Beekley Community Library in New Hartford. Thank you for this generous donation!

Torrington’s First Congregational Church Crossroads Youth Group met with our customers, fulfilled their orders and loaded their vehicles all with a smile. Thanks for being so ready to lend a hand!

Torrington High School Air Force Cadets counted, sorted and tagged over 1,000 wreaths for our fundraiser. Awesome teamwork Cadets, thank you!
There are many ways to volunteer at Susan B. Anthony Project
• Client Services
• General Office Help
• Fundraising & Special Events
• Childcare

Upcoming Volunteer Opportunities:
• Authors Luncheon: April 25, Fairview Farm Golf Course, Harwinton
• Sexual Assault Awareness Month Vigil: April 30, Coe Memorial Park, Torrington
• Walk a Mile in Her Shoes: May 17, Litchfield Green & May 11-15, varied hours and locations.

For more information, go to www.sbaproject.org and click on the community involvement link or call Siobhain at 860-489-3798. Our next volunteer certification training will be held in the Fall of 2020.

Interested in Volunteering? SBAP NEEDS YOUR HELP!

Calling all HEROs:
We are encouraging local businesses to help empower and rebuild victims of domestic and sexual violence by joining forces with their customers and employees to raise funds for critical services. This monthly program will help raise awareness, ensure program delivery, and increase community participation as we all work together to save lives.

Here's how it works:
We will provide you with a collection box identifying your business as a Susan B. Anthony Project HERO along with some informational materials to get you started. Display these items and give your customers and employees the opportunity to make a gift to SBAP—gifts to be matched dollar for dollar by you.

We will recognize your business as a Susan B. Anthony Project HERO on our website, Facebook, and Twitter pages, in our printed newsletters and gratitude reports, and in email blasts sent out to over 3,000 community members.

Many thanks to our HERO for February, Litchfield Hills Fitness!

Our Newest Outreach Sponsor
Susan B. Anthony Project welcomes Charlotte Hungerford Hospital as its newest Outreach Sponsor! This new partnership allows our Community Educators to further their efforts in reaching new groups to educate community members about the pervasiveness of sexual and domestic violence, inform them of SBAP’s direct services available to victims, and promote the ultimate elimination of violence in the future.

“Charlotte Hungerford Hospital is pleased to partner with the Susan B. Anthony Project as an Outreach Sponsor,” says Brian Mattiello, Regional Vice President for Strategy and Community Development at the Hospital. “Our mission to improve the health and healing of the people and communities we serve aligns with the commitment SBAP has to provide direct services to victims and education to the community about domestic and sexual violence. We are grateful for the good work of SBAP, and look forward to supporting their efforts to promote safety, healing and an end to domestic and sexual violence.”
The 16th annual Authors Luncheon is a captivating afternoon where the audience is treated to personal and literary stories from a talented panel of guest authors. Come and learn more about SBAP and help us support 24/7 services for victims of domestic and sexual violence in your community.

For ticket and sponsor information, please call 860-489-3798 or visit www.sbaproject.org

April is Sexual Assault Awareness Month.
Please join us for our SAAM Vigil on Thursday, April 30, 2020 at 6:00 pm at Coe Park in Torrington as we show support for survivors, celebrate community collaborations, hear the voices of survivors, and look forward to the end of sexual violence.

Thank you to all the sponsors of this year’s Authors Luncheon: Fairview Farms Golf Course, The Body Tree Massage and Yoga Therapy, The Connecticut Chapter of NOW, and the Connecticut Community Foundation.

I Ask Sexual Assault Awareness Month 2020

This year’s BLN Charity Golf Tournament was a great success! Brooks, Todd & McNeil along with Litchfield Bancorp and Northwest Community Bank, raised $35,500 to support 5 local charities: Susan B. Anthony Project, FISH of Northwestern Connecticut, McCall Center for Behavioral Health, The Community Kitchen of Torrington, and the Open Door of Winsted. Thank you for organizing this event each year and for choosing SBAP as one of the recipients!

Siri Hoffman from The Body Tree Massage and Yoga Therapy in Litchfield, along with her daughter Liv (pictured), donated 27 bags full of Arbonne products for women and kids. Thank you so much!

SBAP Business Development Associate Ashley Cerruto (left) accepts a donation of handmade shawls from Elfriede Fieldman, Susan Strand and Doreen Cellerino (missing from photo) on behalf of the Connecticut Chapter of the National Organization for Women (NOW). This amazing donation is part of NOW’s We Care Project.
MEET OUR ADMINISTRATIVE ASSISTANT:  Siobhain Craemer

I started at Susan B. Anthony Project October 8, 2012. I was a stay at home mom for almost 10 years and my youngest had just started full time kindergarten. I was nervous and excited to get back into the work force, and happily accepted a position with Susan B. Anthony Project because I knew that it would mean something.

Since that day, I can’t see myself anywhere else. I like knowing that every day our staff is working to make people’s lives better, and, as the first person people meet walking into SBAP, I know that I am helping, too. Part of my role is to make sure that the clients who walk through our door feel safe, and that they know they are in good hands when they are in this building.

Another part of my job is coordinating our Adopt-a-Family Program during the holiday season. Making Christmas special for our clients brings me so much joy. When you see their faces, the tears in their eyes, or when they wrap you in a bear hug and can’t stay thank you enough, I know that what I’m doing is important and meaningful in their lives. That’s the best part of my job.

Through the Adopt-a-Family Program, I also get to spend time with and get to know our amazing donors. Over the past four years, I have built so many wonderful relationships, and that is important to me.

Susan B. Anthony Project does so much to help people change their lives for the better. But I feel that there are too many people who still don’t know what SBAP is or what we do. I want everyone to know that we are here to help and educate. I wish that every school in our area would have us come and work with the children and share as much as we can so that maybe, in the future, there really wouldn’t be a need for places like SBAP. Learning is power, and you can’t learn if you don’t let us in and help.